

Inpatient Droplet and Contact Precautions - Donning PPE

Including Eye Protection

Video Available At: <https://bit.ly/TUKHS2>



Perform hand hygiene

1. Rub your **hands** together, covering all surfaces of both **hands**, including between your fingers and up around your fingertips and nails.
2. Rub **hands** together for **30 seconds** to allow your **hands** to completely absorb the product and the **hand sanitizer** to completely dry.

Removal of watches and rings help prevent the spread of microorganisms that may be hidden under them.



Don gown

1. Ensure gown is secured around **neck, thumbs**, and **tied in the back**.



Don mask (with face shield)

1. **Secure** ties or elastic bands at **middle of head and neck**.
2. **Fit flexible band to nose** bridge.
3. **Fit snug** to face and below chin.

➤ If using a N95 respirator – fit check and wear face shield or goggles



Don gloves

1. Select gloves making sure that they **fit securely**.
2. Pull them **over the cuffs of your gown** to cover the edges of the gown's sleeves



Inpatient Droplet and Contact Precautions - Doffing PPE

Remember: The outside surfaces of your mask, shield (goggles), gloves, and outside of gown are contaminated.

- Process should be completed after patient care, **immediately before leaving the patient room.**
- **If any risk of contamination** during removal, immediately **perform hand hygiene** with alcohol-based hand rub.

Option A - Removal of PPE with gown and gloves separately

Option B - Removal of PPE with gown and gloves together

Remove gloves

Using **glove in glove technique**:

1. Using a **gloved hand, grasp the palm area** of the other gloved hand and peel off first glove.
2. Hold **removed glove in gloved hand.**
3. Slide fingers of **ungloved hand under remaining glove** at wrist and peel off second glove over first glove.
4. **Discard** in waste container.



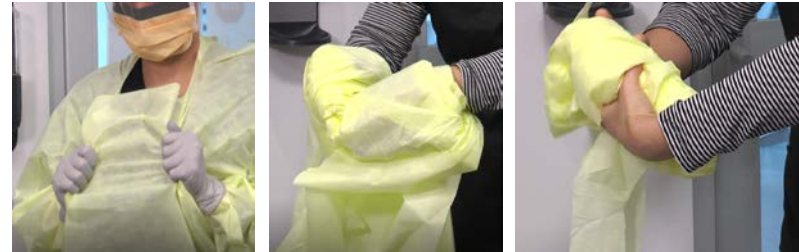
Remove gown

1. **Tear perforations** on waist and at back of neck.
2. Pull gown away from body, **touching only the inside of the gown** and **turning inside out** as you remove it **rolling it into a bundle.**
3. **Discard** in waste container.



Combined removal of gown and gloves

1. **With gloved hands**, grasp front of gown and break ties around waist and at neck.
2. Pull gown away from neck and shoulders, **touching only the outside of the gown.**
3. **Turn inside out as you remove** it rolling it into a bundle.
4. As you **remove the gown, peel off gloves** at the same time only touching the insides of the gown and gloves with bare hands.



Perform hand hygiene (30 seconds with hand sanitizer)

Doff mask (with face shield)

1. Grasp **bottom ties** or elastics from ears of the mask, then the **ties at the top.**
2. Remove **without touching the front.**
3. **Discard** in waste container



Perform hand hygiene (30 seconds with hand sanitizer)

For reusable items: Disinfect using **purple-top wipes** following the appropriate **2 minute contact time.**