Outpatient Droplet and Contact Precautions - Donning PPE Including Eye Protection Video Available At: https://bit.ly/TUKHS1 Removal of watches and rings help prevent the spread of ☐ Perform hand hygiene microorganisms that may be hidden under them. 1. Rub your hands together, covering all surfaces of both hands, including between your fingers and up around your fingertips and nails. 2. Rub hands together for 30 seconds to allow your hands to completely absorb the product and the hand sanitizer to completely dry. Don gown 1. Ensure gown is secured around **neck**, **thumbs**, and **tied in the back**. Don mask 1. **Secure** elastic bands behind ears or ties at middle of head and neck. 2. **Fit flexible band to nose** bridge 3. Fit snug to face and below chin Mask with ties Don face protection 1. Place goggles or face shield over face and eyes. 2. Adjust to fit. Don gloves 1. Select gloves making sure that they **fit securely**. 2. Pull them over the cuffs of your gown to cover the edges of the gown's sleeves

Outpatient Droplet and Contact Precautions - Doffing PPE

Remember: The outside surfaces of your mask, shield, gloves, and outside of gown are contaminated. Doff these items in room or immediately outside room. **If any risk of contamination** during removal, immediately perform hand hygiene with alcohol-based hand rub for 30 seconds.

Option A - Removal of PPE with gown and gloves separately

Option B - Removal of PPE with gown and gloves together

Remove gloves

Using glove in glove technique:

- 1. Using a **gloved hand**, **grasp the palm area** of the other gloved hand and peel off first glove.
- 2. Hold removed glove in gloved hand.
- 3. Slide fingers of **ungloved hand under remaining glove** at wrist and peel off second glove over first glove.
- 4. **Discard** in waste container.





Remove gown

- 1. **Tear perforations** on waist and at back of neck.
- 2. Pull gown away from body, touching only the inside of the gown and turning inside out as you remove it rolling it into a bundle.
- 3. **Discard** in waste container.







□ Combined removal of gown and gloves

- 1. **With gloved hands**, grasp front of gown and break ties around waist and at neck.
- 2. Pull gown away from neck and shoulders, touching only the outside of the gown.
- 3. Turn inside out as you remove it rolling it into a bundle.
- 4. As you **remove the gown, peel off gloves** at the same time only touching the insides of the gown and gloves with bare hands.





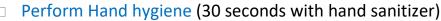




Perform Hand hygiene (30 seconds with hand sanitizer)

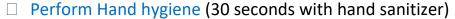
Doff Goggles or Face Shield

- 1. Remove goggles or face shield **from the back of head** by lifting head band or earpieces.
- 2. If the item is **reusable**, **place in designated** location for disinfection process.



Doff mask / Doff mask (with face shield)

- 1. Grasp bottom ties or elastics of the mask.
- 2. Remove without touching the front.
- 3. **Discard** in waste container.















DISINFECTION OF REUSABLE EQUIPMENT	
☐ Perform Hand hygiene (30 seconds with hand sanitizer)	
 Don gloves Select gloves making sure that they fit securely. 	
 Disinfect Goggles or Face Shield Wipe down goggles/shield with purple top wipes following the appropriate 2 minute contact time. Place on designated location. 	
 □ Disinfect contaminated surfaces outside of room 1. Wipe down room door handle and flat surface used to set down PAPR with purple top wipes following the 2 minute appropriate contact time. 	
 Remove gloves - using glove in glove technique Using a gloved hand, grasp the palm area of the other gloved hand and peel off first gloves. Hold removed glove in gloved hand. Slide fingers of ungloved hand under remaining glove at wrist and peel off second glove over first glove. 	
Perform Hand hygiene (30 seconds with hand sanitizer)	